



Contact Information Phone #: 865-588-2105 Fax #: 865-588-0861 906 Callahan Drive Suite #104 Knoxville, TN 37912 www.premierathletics.com knoxctdinfo@premierathletics.com	Class Tuition Preschool Classes: \$66 Gymnastics/Tumble Classes: \$71 Cheer/Dance Classes: \$50 Preschool Dance: \$45
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2011 Class Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Explorers (Ages 2 - 5)						
Parent Tot (2yr)		11:00, 5:45	10:30, 5:45			
Super Tot (3yr)	10:30, 11:00, 5:45, 6:45	10:15, 10:00, 4:45,5:45,6:45	9:30, 10:00, 11:30,5:45	10:30,6:45		
Mighty Tot (4yr)	11:45, 4:45,6:45	3:45,5:45,6:45	10:30, 11:00, 4:45, 6:45	9:30, 10:00, 4:45	11:00	
Girls High Five (5yr)	3:30	3:45,4:45	4:45,5:45	5:45		
Boys High Five (5yr)	4:45		6:45	4:45		
High Five Tumblers (4-5 yr)	3:15	5:30	4:30			
Twinkle Toes Dance (3yr)	4:15	11:30, 4:15		10:30		
Sparkle Toes Dance (4yr)	4:15	11:30, 4:15		10:30		
Glittler Toes Dance (5-6yrs)	4:15			5:00		
Mini Cheer (3-5yr)		10:30, 6:30				
Boys Sports FUNdamentals				11:00		
Girls Sports FUNdamentals			6:45	11:30		
Girl's Gymnastics (Ages 6+)						
Beginner 1	4:30	3:30,4:30,5:30,6:30	3:30, 4:30, 5:30, 6:30	4:30		10:00
Beginner 2		4:30, 5:30,6:30	4:30, 6:30	3:30,6:30		
Intermediate	4:30, 5:30	4:30,6:30	6:30	5:30		
Advanced	6:30	5:30				
Boy's Gymnastics (Ages 6+)						
Basics	4:30	5:30	4:30	4:30		
Beginner	5:30	5:30, 6:30	5:30	5:30		
Intermediate	5:30					

(Revised 1.19.12)

Cheer	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Cheer (6-11 yr)	6:30		6:30			11:00
High School Cheer (12 & up)						
Dance						
Technique	5:00 Beginner, 5:30 Advanced		6:00 Intermediate			
Hip Hop 1 (6-11 yr)	6:00			4:00		
Hip Hop 2 (12-18 yr)		5:00		6:00		
Hip Hop 3 (18+)				7:00		
Tumbling (Ages 6+)						
Intro Tumbling (6 to 11)	5:30, 7:30	5:30, 6:30	4:30, 5:30	4:30, 6:30, 7:30		9:00
Fundamental Tumbling (6 to 11)	3:30, 6:30	3:30, 4:30, 5:30, 7:30	3:30, 4:30, 6:30	3:30, 5:30		10:00
Tumbling 100 (6 to 11)	4:30,5:30	3:30	6:30			
Tumbling 200 (6 to 11)			5:30	4:30, 5:30		9:00
Tumbling 300 (6 to 11)		4:30	3:30,7:30			
Tumbling 400 (6 to 11)			3:30, 7:30			
Tumbling 500 (6 to 11)				7:30		
High School Intro (12 & up)	7:30	7:30		5:30		
High School Fundamental (12 & up)	6:30			6:30, 7:30		11:00
High School 100 (12 & up)	5:30	6:30	7:30	6:30		12:00
High School 200 (12 & up)	7:30	6:30	5:30			12:00
High School 300 (12 & up)		7:30	6:30, 7:30	7:30		
High School 400 (12 & up)			7:30	7:30		
High School 500 (12 & up)				7:30		
Backhandspring Class (6 to 11)						12:00
Backtuck Class (All Ages)			7:30			